#### PEN DRIVER TRAINING

# CPC - DRIVER TRAINING



### 13 Driver CPC Training Modules for the petroleum and general haulage industries

## CERTIFICATE OF PROFESSIONAL COMPETENCE (CPC)

Pen Underwriting Driver Training has developed a variety of CPC training modules to meet the requirements of the modern haulage sector. Pen Driver Training is accredited by DVSA to deliver CPC training throughout the United Kingdom and Northern Ireland. Pen Driver Training aims to improve the knowledge and skills of drivers and also ensure their skills are maintained bringing an improved professional and positive image to the industry. All drivers will be required to complete a minimum of 35 hours of periodic training within every 5 year period.

#### **MODULES (OVERVIEW)**

Duration of each Module is 3.5 hours.

- EU Drivers Hours & WTD
- Digital Tachographs
- Drivers Responsibilities & Manual Handling
- Spillage Prevention & Response & Working at Height
- Fuel Efficient & Defensive Driving Classroom Module
- General Haulage Practical Driver Training
- Dangerous Goods Awareness
- First Aid Awareness
- Banksman
- Petrochemical Driver Training part 1
- Petrochemical Driver Training part 2
- Touch Star Petrochemical Driver Training part 1
- Touch Star Petrochemical Driver Training part 2

#### **EU DRIVERS HOURS & WTD**

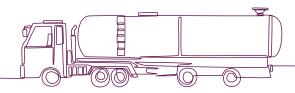
- Driver's Hours Regulations
- Maximum Driving, Breaks, Daily & Weekly Driving
- Daily & Weekly Rest, Unforeseen Events
- Working Time Regulations
- Daily Working Time
- Tachograph & Record Keeping

#### **DIGITAL TACHOGRAPHS**

- Vehicle Unit & Cards
- Log In Manual Entry Log Out
- Display Screen Menu
- Printouts, Other Vehicle Units

## DRIVERS RESPONSIBILITIES & MANUAL HANDLING

- Vehicle checks
- Defect Reporting
- Vehicle weights and overloading
- Manual Handling
- Definition
- Types of injury, H&S
- RIDDOR
- Planning the lift
- 5 Steps to Risk Assessment
- Pushing & Pulling
- PPE, Accident procedure
- Practical Lifting



## SPILLAGE PREVENTION & RESPONSE & WORKING AT HEIGHT

- Driver/Company/Tank owner responsibilities,
  Delivery Documentation
- Delivery Procedure
- Consequences & common causes of spillages
- HSE guidance working at height
- Risk associated with use of ladders
- RIDDOR, Security

## FUEL EFFICIENT & DEFENSIVE DRIVING CLASSROOM

(This can go with all Classroom Modules + Practical Module 6 for CPC only)

- Aerodynamic Aids, Rolling Resistance,
- Use of Gears, Observation
- Cruise Control, Road Speed, Braking Distances, Engine idling
- Seating Position & All Round Vision
- Road junctions & Highway Code
- Road Position & Observation

#### **GENERAL HAULAGE PRACTICAL TRAINING**

- Vehicle Check
- PPE Paperwork
- Vehicle loading Load security
- Defensive driving driving skills
- Driver attitude and behaviour
- Stress Fatigue how to avoid them
- Fuel and tyre economy
- Delivery procedures Risk Assessment

#### **DANGEROUS GOODS AWARENESS**

- Training Requirements & Law
- ADR Overview
- Classes of Dangerous Goods
- Documentation, Marking & Labelling
- ADR Security
- Safe Handling
- Spillage, PPE & Fire

#### **FIRST AID AWARENESS**

- Act & Regulation
- Responsibilities of the First Aider
- CPR (Cardio-pulminary Resuscitation)
- Choking
- Bleeding
- Shock

#### **BANKSMAN**

- Roll of the Banksman
- Health & Safety
- Management Regulations
- PPE, Safety Sign's, Signals

#### PETROCHEMICAL DRIVER TRAINING PART 1

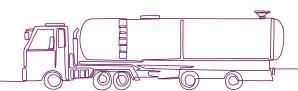
- Vehicle Check
- PPE Paperwork
- Vehicle loading Load security
- Defensive driving driving skills
- Driver attitude and behaviour
- Stress Fatigue how to avoid them
- Fuel and tyre economy
- Delivery procedures pulling out the hose -Risk Assessment
- Safe driving

#### **PETROCHEMICAL DRIVER TRAINING PART 2**

- Vehicle Loading
- Defensive driving driving skills
- Stress Fatigue how to avoid them
- Correct Delivery procedures
- Safe driving
- Vehicle weights and overloading
- Hazard Recognition Risk Assessment
- Customer Care
- Off-loading product
- Observation
- Empty vehicle Behaviour

## TOUCH STAR PETROCHEMICAL DRIVER TRAINING PART 1

- Vehicle Check
- PPE Paperwork
- Vehicle loading Load security (EDP Operating Touch Star)
- Defensive driving driving skills
- Driver attitude and behaviour
- Correct Delivery procedures (EDP Operating Touch Star system)
- Weights off load sequence (EDP Operating Touch Star)
- Stress Fatigue how to avoid them
- Fuel and tyre economy
- Delivery procedures (EDP Operating Touch Star) pulling out the hose - Risk Assessment
- Safe driving



## TOUCH STAR PETROCHEMICAL DRIVER TRAINING PART 2

- Vehicle Loading
- Defensive driving driving skills
- Stress Fatigue how to avoid them
- Correct Delivery procedures (EDP Operating Touch Star)
- Weights off load sequence (EDP Operating Touch Star)
- Safe driving
- Vehicle weights and overloading (EDP Operating Touch Star)
- Hazard Recognition Risk Assessment (EDP Operating Touch Star)
- Customer Care (EDP Operating Touch Star)
- Off-loading product (EDP Operating Touch Star)
- Observation: (EDP Operating Touch Star)
- Empty vehicle Behaviour

#### **ABOUT DRIVER TRAINING**

At Pen Underwriting we don't just want to be there when something goes wrong, we want to help businesses prevent it from going wrong in the first place.

That's why we offer specialist training courses for drivers in the hazardous goods & general haulage industries, its customers, suppliers and contractors.

Pen has provided specialist driver training for over twenty years, has trained thousands of candidates and organised hundreds of training days each year both in the UK and internationally. All our services are delivered by in-house specialists, supported by a network of associates who have expertise in their field and have practical in-depth experience of the industry.

#### **TESTIMONIALS**

44

I received an exceptional level of CPC Training with Pen Driver training. With their experience in the industry and their hands on approach they make the day knowledgeable and enjoyable. I am now confident that I have improved my safe delivery procedures and driving skills.

Manager - Sodbury fuels, part of Nolan Group

#### **PEN UNDERWRITING - DRIVER TRAINING**

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## YOUR NEXT STEP

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